I AM AWESOME! ALHAMDULILLAH!

Here are 10 things I love about myself.

1

2.

3.

4.

5.

6.

7.

8.

9.

10.



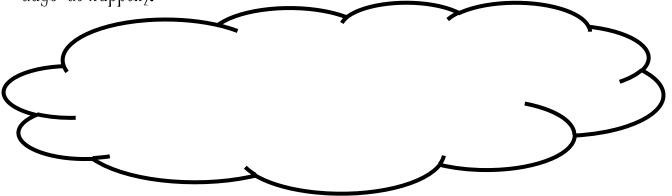
Here are three POSITIVE things that someone has said about me.

1

2.

3.

Here is my POSITIVE MESSAGE for myself when I am feeling down (because 'bad days' do happen).



| | obody can make you feel inferior without your consent"-Eleanor Roosevelt. |
|---|---|
| What does this quote mean? What lesson can you learn from this and APPLY to your own life? Please give specific examples! | |
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